

"Let's Get Moving"

Veterans, family members, and members of the community are welcome.



VA2K

Department of Veterans Affairs

Join in a **2K Walk & Roll**
To benefit homeless Veterans
and promote health & wellness.

May 16th, 2012

11:30 A.M. - 1:30 P.M.

Registration, donation and start point
in front of the Fisher House.

● *All participants will
receive a VA2K visor and a fan.*

Recommended donations:

- Non-perishable food items
- Can openers, plastic plates and utensils, shaving cream, razors, shampoo, soap, toothbrushes, toothpaste, sunscreen, batteries or insect repellent spray.
- Flashlights, sleeping bags, backpacks, small hand-held weather radios, water canteens, rain slickers or ponchos, rain boots, baseball caps or other hats, towels.
- Bring donations to room BC-244 or BC-244 before the event or drop off at the Fisher House as you start walking.

For information contact Peggy Chesnut at ext. 6821, or via email at Peggy.Chesnut@va.gov.



Funding for this event is provided through your continued patronage of our Veterans Canteen Service.

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